

Zoom-Kurse Logindaten

Montag

Yoga (Christine):	https://zoom.us/j/98268618866 Meeting-ID: 982 6861 8866 Kenncode: 70619
Rückenfit (Christine):	https://zoom.us/j/95521199389 Meeting-ID: 955 2119 9389 Kenncode: 70619
BodyShape (Christine):	https://zoom.us/j/92709073283 Meeting-ID: 927 0907 3283 Kenncode: 70619
Pilates (Heiko):	https://zoom.us/j/94260507532 Meeting-ID: 942 6050 7532 Kenncode: 70619
Langhantel (Lena):	https://zoom.us/j/96759875816 Meeting-ID: 967 5987 5816 Kenncode: 70619
Kraft/Bewegung/ Entspannung (Lena):	https://zoom.us/j/99026081497 Meeting-ID: 990 2608 1497 Kenncode: 70619

Dienstag

Rückenfit (Jule):	https://zoom.us/j/94389603990 Meeting-ID: 943 8960 3990 Kenncode: 70619
BodyShape (Jule):	https://zoom.us/j/99619947648 Meeting-ID: 996 1994 7648 Kenncode: 70619

Zumba (Rico): <https://zoom.us/j/96226969661>
Meeting-ID: 962 2696 9661
Kenncode: 70619

Core (Max): <https://zoom.us/j/92792742088>
Meeting-ID: 927 9274 2088
Kenncode: 70619

BodyShape (Max): <https://zoom.us/j/95242452765>
Meeting-ID: 952 4245 2765
Kenncode: 70619

Mittwoch

Pilates (Radka): <https://zoom.us/j/94103984337>
Meeting-ID: 941 0398 4337
Kenncode: 70619

Rückenfit (Radka): <https://zoom.us/j/92498780858>
Meeting-ID: 924 9878 0858
Kenncode: 70619

Liebe Mitglieder,
wegen Personalmangels auf der Intensivstation finden die Kurse von Mäx
heute (18.11.2020) leider nicht statt.
Vielen Dank für ihr Verständnis!
Ihr Team vom fitnessPark Sillenbuch

Langhantel (Mäx): <https://zoom.us/j/91860961934>
Meeting-ID: 918 6096 1934
Kenncode: 70619

Rückenfit (Mäx): <https://zoom.us/j/92086372981>
Meeting-ID: 920 8637 2981
Kenncode: 70619

Donnerstag:

Rückenfit (Jule): <https://zoom.us/j/99592628201>
Meeting-ID: 995 9262 8201
Kenncode: 70619

BodyShape (Jule): <https://zoom.us/j/99679985014>
Meeting-ID: 996 7998 5014
Kenncode: 70619

Rückenfit (Pascal): <https://zoom.us/j/91908287171>
Meeting-ID: 919 0828 7171
Kenncode: 70619

Langhantel (Marion): <https://zoom.us/j/93944585550>
Meeting-ID: 939 4458 5550
Kenncode: 70619

Kraft/Bewegung/
Entspannung (Marion): <https://zoom.us/j/97511832504>
Meeting-ID: 975 1183 2504
Kenncode: 70619

Freitag:

Yoga (Anette): <https://zoom.us/j/95613754144>
Meeting-ID: 956 1375 4144
Kenncode: 70619

BodyPump (Lena): <https://zoom.us/j/99134544966>
Meeting-ID: 991 3454 4966
Kenncode: 70619

Kraft/Bewegung/
Entspannung (Lena): <https://zoom.us/j/91568392466>
Meeting-ID: 915 6839 2466
Kenncode: 70619

